



Welcome to Cork

Delegate Information

What's inside...

- 1. In Case of Emergency**
- 2. Sports & Leisure Activities at the Conference**
- 3. Getting to MTU**
- 4. On Campus Parking**
- 5. On Campus Services**
- 6. Cards or Cash?**
- 7. Weather in Cork**
- 8. Places to Eat – Bishopstown**
- 9. Places to Eat – Cork City Centre**

1. 🚨 In Case of Emergency

- Off Campus: Dial 999 or 112
 - On Campus (MTU): Contact a conference official or call 021 4326 6112
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2. 🏃 Sports & Leisure Activities at the Conference

Free Access to MTU Arena

Conference Delegates can use the state-of-the-art gym free of charge with your conference lanyard and badge.

Morning Sessions – MTU Arena

- Wednesday, June 18 – 7:30 AM
 - Yoga (15 spaces – [sign-up required](#))
 - Spinning (15 spaces – [sign-up required](#))
- Thursday, June 19 – 7:30 AM
 - Pilates (15 spaces – [sign-up required](#))
 - Spinning (15 spaces – [sign-up required](#))

Lunchtime Activities – Wednesday, June 18

Book via the conference app

- 1:15 PM – Hurling Demonstration (MTU Stadium, 30 mins)
 - 1:15 PM – Scenic River Walk (30 mins)
 - 1:15 PM – Campus Tour (30 mins)
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3. 🚌 Getting to MTU

(i) From Cork Airport

- Take Bus 225 or 226 to Parnell Place Bus Station
- Then take Bus 205 directly to MTU Cork
- Fare: Approx. €2 per bus (cash only, no cards)

(ii) From Cork Kent Train Station

- Exit and take Bus 205 to MTU Cork
- Drops off at the MTU Library, short walk to Student Centre (Nexus)

(iii) By Taxi

- Widely available from the airport, train, or bus stations
- Fare: €16–€23
- Drop-off at MTU Admin Building roundabout
- Walk through the archway and courtyard to Student Centre (Nexus)

(iv) By Uber

Uber services are available in Cork. [Uber in Cork | A Guide to Getting Around in Cork](#)

4. 🚗 On Campus Parking

- Park in the Tiered Car Park ([Google Maps link here](#))
 - Enter via Rossa Avenue roundabout
 - Continue straight at the next roundabout to reach the car park
 - No charge for delegate parking
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5. 🏠 On Campus Services

- Free Guest Wi-Fi available campus-wide
 - Student Leader Welcome at Deans Hall:
A student leader will meet apartment-based delegates at 8:30 AM on the first morning to guide you to MTU
 - Privacy Booths available in the conference venue for private calls or remote meetings
 - Breakfast in Student Canteen (*Main Building, from 8:15 am*):
 - Mini Irish – €5.00
 - Full Irish – €6.50
 - Healthy Option Deal – €5.00
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6. 💳 Cards or Cash?

Cards Accepted At:

- Restaurants, cafés, supermarkets
- Hotels and taxis (most)
- MTU campus facilities

Cash Needed For:

- Public buses (unless using a TFI Leap Card)
- Some small vendors or rural businesses
- Tips (optional but appreciated in cash)

Tip:

Carry €20–€50 in cash but expect to use cards most of the time.

7. Weather in Cork – June Outlook

- Average Highs: 17°C (63°F)
- Average Lows: 10°C (50°F)
- Rainfall: ~61 mm over 15 days
- Sunshine: ~6 hours/day
- Daylight: Up to 16 hours

Packing Tips:

- Layered clothing for changing weather
 - Umbrella or waterproof jacket
 - Comfortable walking shoes
 - Sunscreen and sunglasses
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8. Places to Eat – Bishopstown

Gallo & Galetti

Italian | Veg, Vegan, GF

Unit 7/8 High Street, Wilton


 Sun: 13:00–21:00 | Mon–Sat: 12:00–21:00

 [Website](#)

The Bishopstown Bar

Carvery, Pub Fare | GF Options



Looney's Cross |  021 454 1159


 Daily: 9:00–24:00 (Food: 9:30–21:30)

The Wilton Willow

Asian Street Food | Vegetarian

Cardinal Way, Wilton



 021 434 3844 |  [Website](#)


 Sun–Wed: 16:00–22:55 | Thu–Fri: 15:00–22:55

Camile Thai

Healthy Thai | Vegan, Vegetarian

Looney's Cross



 021 4800 800 |  [Website](#)


 Daily: 12:00–22:00

The Model Farm

Irish & Contemporary | Vegan, GF

Model Farm Road

 021 434 6755 |  [Website](#)



 Sun: 12:30–23:00 | Mon–Thu: 9:30–23:30 | Fri–Sat: 9:30–00:30


9. 🍷 Places to Eat – Cork City Centre

The River Club

Cocktails & Light Fare | Vegan, GF

Western Road

 021 493 2700 |  [Website](#)


 12:00–22:00

Spit Jack

Rotisserie | Vegan, GF Options

34 Washington St



 021 239 061 |  [Website](#)


 15:30–21:30

Liberty Grill

New England Brunch | Vegan, GF

32 Washington St



 021 427 1049 |  [Website](#)

 Mon: 9:00–15:30 | Tue–Sat: 9:00–15:30, 17:00–21:00 | Sun: Closed

Dwyers of Cork

Comfort Food & Brunch | GF

28 Washington St



 021 427 4189 |  [Website](#)


 Daily from 12:00 | Evening menu from 16:00

Quinlan's Seafood Bar

Fresh Irish Seafood | GF

14 Princes St

 021 241 8222 |  [Website](#)

 Sun–Thu: 12:00–21:00 | Fri–Sat: 12:00–22:00
