



Go green  
with EucA  
this summer.

# Sustainability Summer School

📍 Ponta Delgada  
Azores, Portugal

1 - 6 Sept 2024





# Index:

About EucA.....	1
Introduction.....	2
Is this for me?.....	3
Why you should join.....	4
Learning outcomes.....	5
Methodology.....	6
In detail: Activities.....	7
Agenda.....	8
In detail: Fees.....	11
Contact.....	12

# About EucA

Born in 2008, EucA represents university colleges, residences, and universities in 17 countries, strengthening the collegiate life in Europe through the experiences of its members.

## What do our students say?



*"Participating in an EucA project has been one of the most rewarding experiences I have had to date. It was a unique chance to work with a strong team and engage with diverse people both in their cultural backgrounds and skill set."*

A.M., Austria

## EucA added value:

EucA's **international expertise**, **professionalism**, and **personalized** touch in working with people from different backgrounds - together with the passion of our trainers - make our activities essential for all university students looking to expand their potential.

# Grow, connect, make a difference!



# Go green this summer!

Theory meets practice! Join us in a **dynamic and immersive adventure** where you will engage with sustainable organizations and gain insights into real-world green initiatives.

**Evaluate your daily sustainable activities, learn how to easily implement new ones, and find new solutions from collaboration with young people like you, be inspired to make a difference!**

## When?



1 - 6  
September 2024

## Where?



Ponta Delgada,  
Azores, Portugal

## What I will learn?

**An educational and enriching international summer experience that will allow you to...**

- Have a grounded understanding of sustainability.
- **Think about your impact on the green transition.**
- **Raise environmental awareness through critical thinking and problem-solving.**
- Network with peers and professionals in the astonishing surroundings of Ponta Delgada.





# Is this for me?

In short... yes!

All Bachelor and Master students interested in sustainable practices are welcome.

Still having doubts? **Check the boxes below!**



## Academic Diversity:

**From humanities to sciences, all academic backgrounds are welcome!**

You will enjoy a rich combination of knowledge and perspectives.

## Passion for Social Impact:

**Are you passionate? Do you want to make a positive difference in society?**

Whether through advocacy, policy-making, or community engagement, you will be able to develop the skills that make an impact!

## Environmental Awareness:

**Do you have a strong interest in environmental issues and sustainability?**

If you understand the urgency and importance of addressing environmental challenges: Get on board!

## Collaborative Spirit:

**Collaboration and teamwork are key to building solutions that work for the environment.**

If you enjoy working as part of a team you are more than ready for this adventure!



# Why (we think) you should join

What better way to learn about environmental issues than with real-life challenges?

- You will discover tools and resources to bring back to your **community**, kickstarting impactful change!
- You will gain **firsthand experience** in applying sustainability practices and managing their development step by step.
- You will explore **different perspectives** when it comes to sustainability, from global approaches to more local and individual dimensions, identifying points of friction between sustainability and consumption patterns.
- You will experience the green ecosystem of the **Azores** and see how this hidden gem preserves nature and grows sustainably.
- You will learn how to advocate for green sustainable initiatives, becoming a true **changemaker**.



## Is this... you?

"I am a young person, and like many people in my generation, I am very concerned about the ecological situation that threatens our world.

I would like to make a more positive impact in my life, but I don't know where to begin.

**I wish there was an opportunity for people like me to get practical experience. Going back home, I want to implement some new ideas in my college and university."**

**If it is, you should join EucA this summer!**



# Learning Outcomes



**Identify** how sustainability issues impact your immediate social, economic, and personal circumstances in order to work independently and take sustainable actions to achieve personal goals and stick to intentions.



**Reflect** on personal values, developing awareness and management of emotions, thoughts, and behavior to adopt a sustainable lifestyle. They will learn how to navigate through open platforms and digital services using reliable data and documentation to support their sustainable consumption.



**Practice** sustainable consumption patterns like consumer choices to learn how to think and behave ethically by assessing the responsibility and impact of their actions.



**Develop** a better understanding of the cultural diversity within the Azores, its connection to Portuguese identity, and the rich biodiversity and unique ecosystems, including its volcanic origins and diverse landscapes.



# Methodology

## EucA's way

At EucA, we specialize in making learning fun and engaging for students! Our approaches include **hands-on** projects, **non-formal education**, and **multidimensional trainings**.

**The goal?** To carry out **holistic international experiences** for students at every step of their careers and academic lives!



### Experiential Learning:

**Engage** in real-world experience and **apply your new knowledge** from day one. The activities at the Sustainability Summer School are action-oriented and include field trips, simulations, experiments, role-playing, and interactive demonstrations, so get ready to put your skills into practice!



### Problem-based learning:

You will **research, analyze**, and apply **critical thinking** to real-world problems. What's more, you will be able to use this methodology in the future to implement it in your academic life.



### Socratic method:

**Explore ideas, unpack complex information**, and **articulate your thoughts**: this method will grant you a deeper understanding of all the concepts brought to the table.



# In Detail: Activities

The program includes 30 training hours divided between:

- An **online onboarding experience** (pre-event).
- **Visits** in person to local organizations involved in sustainable project with inspiring testimonials from entrepreneurs,
- **EucA training** on the following topics:
  - 🌱 **From Sweden to New York:** Sustainability Roadmap and the Importance of the Agenda 2030
  - 🌱 **SDGs:** Does Sustainability Really Matter?
  - 🌱 **A Globalized and Contaminated World**
  - 🌱 **From Contamination to Regeneration**
  - 🌱 **How to Choose What I Consume:** a Practical Guide to Sustainability
  - 🌱 **Your Impact Matters:** How to Be a Changemaker in your Local Community (Practical project)
  - 🌱 **Sustainability in Action:** Hands-On Techniques for College Communication and Changemaking
- **EucA cultural activities** on the natural, cultural and social richness of Ponta Delgada







# Agenda

## 1 - 6 September 2024

Event of 7 days, 6 nights.




Sunday, 1 September	
All day	Arrivals
Evening	Welcome activity

Monday, 2 September	
Early morning	Breakfast
10:00 - 13:00	<b>EucA training</b> <i>From Sweden to New York. Sustainability Roadmaps and the Importance of the Agenda 2030</i>
	<b>SDGs</b> <i>Does Sustainability Really Matters?</i>
13:00 - 14:00	Lunch break
14:00 - 18:30	<b>Visit</b> to local organizations dealing with Sustainability projects in the Azores
Evening	Dinner
Eventide	Free time


**Tuesday, 3 September**

Early morning	Breakfast
09:00 – 11:00	<b>EucA training</b> <i>A globalized and contaminated world</i>
11:00 – 11:30	Short break
11:30 – 13:00	<b>EucA training</b> <i>From Contamination to Regeneration</i>
13:00 – 14:00	Lunch break
14:00 – 18:00	<b>EucA training</b> <i>How to Choose What I Consume: a Practical Guide to Sustainability</i>
Evening	Cultural dinner
Eventide	Free time

**Wednesday, 4 September**

Early morning	Breakfast
All day	<b>Cultural tour of the Ponta Delgada island ecosystem with a professional guide</b>







### Thursday, 5 September

Early morning	Breakfast
09:00 - 11:00	<b>EucA training</b> <i>Your Impact Matters: how to be a changemaker in your local community? Practical project</i>
13:00 - 14:00	Lunch break
14:00 - 18:00	Free afternoon
Evening	Farewell dinner
Eventide	Free time



### Friday, 6 September

Early morning	Breakfast
All day	Departures

# In Detail: Fees

## Before 1 June 2024 (included)

Early Bird Registration

**990 €**

EucA Members

## After 1 June 2024

Regular fee

**1,090 €**

EucA Members

### What is included:

#### Accommodation:

**5 nights** in a hostel: shared room in Ponta Delgada, Azores capital.

#### Meals:

- **5** breakfast: all days
- **2** lunches: on the 2 and 3 September
- **3** dinners: on the 2, 3 and 5 September
- **Transport** from the hostel to the venue
- **Workshops** and **trainings**
- **Island tour** of 1 day with a private guide
- **Certificate** of completion by EucA - based on the European Sustainability Competences Framework (GreenComp)

### What is not included:

- Flight from/to Azores
- Travel from/to airport to the hostel
- Rest of the meals
- Snacks and other expenses
- Extra activities

## How to proceed:

- 1 Fill out the **registration form**\*. Please be aware that we do a selection on a rolling basis - *first come, first served!* (\*Check EucA's website if you have the printed version).
- 2 Once registered, **you will receive confirmation** from EucA with payment information and details for further steps.
- 3 You have **seven days to pay and confirm your spot** in our Summer School. We will request a 500 euro payment to secure your attendance, with the fee balance due by 1 July. Find the cancellation policy on EucA's website.



# Contact:

For general questions, please contact:

✉ [l.dipietro@euca.eu](mailto:l.dipietro@euca.eu)

For any questions about the selection process, write an email at:

✉ [e.martin@euca.eu](mailto:e.martin@euca.eu)



Find more information at:

[euca.eu](https://euca.eu)

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